

Columbia Pike

TRAIL MIX

Parking

QR CODE FITNESS TRAIL

At Mason District Park

6621 Columbia Pike,
Annandale, Va. 22003



Playground



Parking

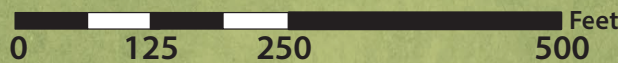


Restrooms

Trail Mix Trail

Tennis Courts

Amphitheater



Mix it up with Trail Mix - a QR Code Fitness Trail for all ages and abilities. Look for QR code signs at each station (marked by red pin drops). Use your smart device to scan the QR code (most devices can do this with the built-in camera) and access the video for that station. Be sure to move to the side when doing your activity so others can access the code. Stations can be done in any order; scan the INTRO or EXIT QR code at your first and last stations. And most importantly - have fun!



You will need a QR Code Reader to access trail exercises.



703-324-8563 TTY: Va. Relay 711

A publication of Fairfax County, Va. • 12/21