



TRY IT!

TRIATHLON

Swim • Bike • Run

Step up to the challenge and become a triathlete on this short-ened course. Ages 16 to adult. No official timer - just for fun!

- Swim 300 yards in the Olympic size pool
- Bike 5 miles on paved and dirt trails (trail, mountain and gravel bikes only)
- Run 2 miles on the paved and dirt cross country trail

Day/Time: Saturday, June 8, 7-10 a.m.

Cost: \$44

Location: Audrey Moore Rec Center,
8100 Braddock Road, Annandale

www.fairfaxcounty.gov/parks/reccenter/audrey-moore



AUDREY MOORE
REC CENTER



703-324-8563
TTY: Va. Relay 711

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