



Fairfax County

Neighborhood & Community Services

www.fairfaxcounty.gov/neighborhood-community-services

Gum Springs Community Center

Address: 8100 Fordson Road
Alexandria, VA 22306

Hours: Monday – Friday, 9 a.m. to 9:45 p.m.
Saturday, 1 to 9 p.m.

Phone: 703-360-6088, TTY 711

March, April, May 2024

PROGRAMS / ACTIVITIES

Title	When	Time	Description
Supper	Monday - Friday	5 p.m.	After School and Teen Program (Free Hot Meals)
Homework Help	Monday - Thursday	4 - 4:45 p.m.	After School Program (Homework Time)
Cyber Monday (S.T.E.A.M)	Monday	5:30 p.m.	After School Program (Technology Day)
Science Tuesday (Science Experiments)	Tuesday	5:30 p.m.	After School Program (Science Extravaganza)
Workout Wednesday (WOW)	Wednesday	5:30 p.m.	After School Program (Fitness Day)
Tasty Thirsty Thursday (Nutrient day)	Thursday	5:30 p.m.	After School Program (Creating Healthy Food & Snacks)
Freedom Friday (Free Day)	Friday	4 p.m.	After School Program (Kids Choice)
Study Time	Monday - Friday	2:30 – 6:30 p.m.	Teen Program -Clubhouse, STEAM, Teen Room, Hot Topic Current Event Discussion (Thursday)
Teen Podcast	Thursday	5:30 p.m.	Teen Program
WOW "Work out Wednesday" Healthy Nutrition	Wednesday	5:30-6:30 p.m.	Teen Program - Exercise with Staff
Teen Gym	Monday and Friday	(M) 8 -9 p.m. (F) 8 - 9 p.m.	Teen Program-Open Gym (Basketball & Free Play)
Breakfast & Social	Tuesday - Thursday	10 a.m.	Senior Program (Brain Teasers)
Ping Pong & Pool	Tuesday	11 a.m.	Senior Program (Leisure Sports Play)
Girl Trek / Walking Club	Wednesday	11 a.m.	Senior Program (Fitness Time)
Technology Activity	Wednesday	1 p.m.	Senior Program (Hands on computer time)
Bingo	Thursday	1 p.m.	Senior Program (Adult Games)
Club House Event	1 st Thursday of Month	10:30 a.m.	Senior Program (Hands on computer time)

Breakfast & Social	Tuesday - Thursday	10 a.m.	Senior Program (Time for Fellowship)
Badminton	Wednesday	Wed, 6 p.m.-9 p.m.	Senior Program/Adult Program
Pickle Ball	Monday & Saturday	Monday 6 p.m.-9 p.m. Saturday 1-3 p.m.	Senior Program/Adult Program
Fitness Center	Monday – Friday	9 a.m. – 2 p.m. 6 -9 p.m.	Adult Program (Workout Center)
Fitness Center	Saturday	1-9 p.m.	Adult Program (Workout Center)
Open Gym	Monday-Friday	12:00 p.m.-2:00 p.m.	Adult Program (Leisure Sports Play)
Adult Basketball	Tuesday & Thursday	7:30- 9:30 p.m.	Adult Program (Leisure Sports Play)
Open Gym	Saturday	3:00 p.m.-5:00 p.m. (Family Gym) 5:00 p.m.-7:00 p.m. (Teen Gym) 7:00 p.m.-9:00 p.m. (Adult Gym)	Community Sports Play
CLASSES			
Title	When	Time	Description
Aerobics	Tuesday	6:30-7:30 p.m.	Adult Program (Adult Fitness)
Zumba	Thursday	6:30-7:30 p.m.	Adult Program (Adult Fitness)
Chair Aerobics	Wednesday	10 a.m.	Senior Program (Chair Fitness Class)

Special Events / Trips

Title	When	Time	Description
Spring Break	3/25/24-3/29/24	9:00 a.m.-5:00 p.m.	Spring Break Camp

Community Meetings

Title	When	Time	Description
Advisory Board	Tuesday, March 19 April 23 May 21	7:30 p.m.	Community
Civic Association	Tuesday, March 12 April 9 May 14	7:30 p.m.	Community

IMPORTANT DATES
Center Closed - 5/27/24